

# PARENTING TIPS FOR CHALLENGING TIMES



## CARING FOR CHILDREN IN A SHELTER

- Take a comfort item from home with them to a shelter
- Find something to smile about together
- Decorate the shelter together, with notes or pictures for the walls if you can
- Try to reassure your children as often as you can.

Parents and Caregivers are **HEROES**  
Protecting our children in a crisis

Dear God, I pray that I would experience your peace,  
“...which exceeds anything  
we can understand.” (Philippians 4:7a) **Amen.**

