

PARENTING TIPS FOR CHALLENGING TIMES



PROTECTING OUR CHILDREN FROM SEXUAL VIOLENCE

- If they tell you about abuse, trust your child. Reassure them it's not their fault and they are safe and loved.
- Teach your child that no one has the right to touch them or make them uncomfortable.
- Practice saying “no” loudly and strongly.
- Tell them that abusers often trick children by saying it is their ‘secret’
- Talking about this with your child helps protect them.

Parents and Caregivers are HEROES
Protecting our children in a crisis



**“Rescue me, Lord, from evildoers;
protect me from the violent.”** (Psalm 140:1)

Dear God, I thank you for my children. I pray that they would be kept safe. Amen.

No.13